

SEPSIS



Sepsis arises when the body's response to an infection injures its own tissues and organs. It may lead to shock, multi-organ failure, and death - especially if not recognized early and treated promptly.

KNOW THE SIGNS

Fever/ Shivering
or Very Cold



Rapid
Breathing



Extreme Pain/
Physical Discomfort



Pain or
Mottled Skin



Disoriented/
Confused &
Sleepy/ Difficult
to Wake



Elevated
Heart Rate



BE AN ADVOCATE

Empower yourself and others

- Ask your doctor "Could this be Sepsis?"
- Don't be afraid to ask questions about a diagnosis or speak up if you have concerns about your care
- Ask your doctor if your temperature, pulse and respiratory rate are normal
- Make sure all test results are reviewed by a qualified medical professional and communicated to you in a way you can understand
- Insist on good hand hygiene from those involved in your care
- Ask that your primary care doctor receive all test results

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